Date of	Your Best Run	Your	Overall Surname / First	Your Best	Your	Age G	ender	WMA Age /	Ratio	Ratio Guide for a race for your age and	Club
Your Best		Best	Place for Name	Run Time	Projected			Gender 10k	WMA	gender	Rank
Run		Run	your		10km Time			Record	Time /		
			best run					MM:SS	Your Best		
4/06/2016	Ross River Dam 10km Time Trial (PC)	<b>e</b> 10	4 Buchholz Mark	37.14	0:37:14	53 M	1ale	30.49	Proj. 10km	+80% - Competitive at National Level	1
	Riverside Figure 8	16	5 Maguire Liz	1.07.54	0:40:49		emale	33.06		+80% - Competitive at National Level	2
	3 Day Race-Day 1	9.55	4 Copp Philip	36.00	0:37:47	51 M		30.18		+80% - Competitive at National Level	3
	3 Day Race-Day 1	9.55	1 O'Regan Simon	33.59	0:35:40	43 M		28.22		+80% - Competitive at National Level	4
	Pallarenda 10km Time Trial	9.9	20 Sewell Dave	43.44	0:44:12	66 M		34.43		+70% - Competitive at Regional (State) Level	5
	Riverside Figure 8	16	13 Nuttall John	1.12.40	0:43:51	65 M		34.23		+70% - Competitive at Regional (State) Level	6
	Pallarenda 10km Time Trial	9.9	5 Turnbull Deahne	39.43	0:40:08		emale	30.46		+70% - Competitive at Regional (State) Level	7
	Pallarenda 10km Time Trial	9.9	4 Wallis Cameron	39.25	0:39:50	51 M	1ale	30.18		+70% - Competitive at Regional (State) Level	8
5/08/2016	TRF 42.2k	42.2	1 Stedman Sam	2.43.58	0:35:15	33 M		26.48		+70% - Competitive at Regional (State) Level	9
14/05/2016	Pallarenda 10km Time Trial	9.9	69 Lahiff Peter	57.25	0:58:02	81 M	1ale	43.59		+70% - Competitive at Regional (State) Level	10
6/08/2016	TRF 21.1k	21.1	6 Stafford Erin	1.34.46	0:42:43	44 Fe	emale	32.09		+70% - Competitive at Regional (State) Level	11
23/07/2016	Riverside Figure 8	16	15 Crawford Les	1.13.50	0:44:28	62 M	1ale	33.25		+70% - Competitive at Regional (State) Level	12
	Pallarenda 10km Time Trial	9.9	7 Springall Gabriella	40.01	0:40:27	21 Fe	emale	30.20		+70% - Competitive at Regional (State) Level	13
23/07/2016	Riverside Figure 8	16	9 Moore Stuart	1.10.46	0:42:38	57 M	1ale	31.55	75%	+70% - Competitive at Regional (State) Level	14
4/06/2016	Ross River Dam 10km Time Trial (PC)	10	8 Wing Gordon	38.35	0:38:35	44 M	1ale	28.36	74%	+70% - Competitive at Regional (State) Level	15
16/04/2016	River Lower Loop	6.9	44 Newman Lyn	33.28	0:49:30	55 Fe	emale	36.26		+70% - Competitive at Regional (State) Level	16
16/04/2016	River Lower Loop	6.9	3 Hynes Shane	26.08	0:38:39	42 M	1ale	28.09	73%	+70% - Competitive at Regional (State) Level	17
8/07/2016	3 Day Race-Day 1	9.55	8 Boschen Matthew	38.20	0:40:14	47 M	1ale	29.18	73%	+70% - Competitive at Regional (State) Level	18
8/07/2016	3 Day Race-Day 1	9.55	14 Maguire Gerry	40.01	0:42:00	52 M	1ale	30.33	73%	+70% - Competitive at Regional (State) Level	19
16/04/2016	River Lower Loop	6.9	6 Garnett Adrian	26.49	0:39:40	45 M	1ale	28.50	73%	+70% - Competitive at Regional (State) Level	20
2/04/2016	Fairfield Waters Run	8.2	15 Hiette Terry	36.43	0:45:16	60 M	1ale	32.48	72%	+70% - Competitive at Regional (State) Level	21
30/07/2016	Running Works Cross Country Series Race 3	6.5	8 Watkins Meredith	27.21	0:43:05	39 Fe	emale	31.03	72%	+70% - Competitive at Regional (State) Level	22
8/07/2016	3 Day Race-Day 1	9.55	16 Schonfeldt-Roy Sonja	40.42	0:42:43	37 Fe	emale	30.46	72%	+70% - Competitive at Regional (State) Level	23
2/04/2016	Fairfield Waters Run	8.2	27 Frazer lan	38.56	0:48:00	65 M	1ale	34.23	72%	+70% - Competitive at Regional (State) Level	24
8/07/2016	3 Day Race-Day 1	9.55	2 Harding Michael	35.43	0:37:30	31 M	1ale	26.44	71%	+70% - Competitive at Regional (State) Level	25
23/07/2016	Riverside Figure 8	16	8 Fitzsimmons Michael	1.10.26	0:42:38	51 M	1ale	30.18	71%	+70% - Competitive at Regional (State) Level	26
	Running Works Cross Country Series Race 3	6.5	32 Flynn-Pittar Dee	31.50	0:50:09	53 Fe	emale	35.32	71%	+70% - Competitive at Regional (State) Level	27
4/06/2016	Ross River Dam 10km Time Trial (PC)	10	36 Stacey Joanne	47.01	0:47:01	47 Fe	emale	33.06	70%	+70% - Competitive at Regional (State) Level	28
16/04/2016	River Lower Loop	6.9	25 Day Paul	29.58	0:44:20	54 M	1ale	31.05	70%	+70% - Competitive at Regional (State) Level	29
14/05/2016	Pallarenda 10km Time Trial	9.9	64 Marrinan Isa	54.54	0:55:29	60 Fe	emale	38.53	70%	+70% - Competitive at Regional (State) Level	30
8/07/2016	3 Day Race-Day 1	9.55	31 Neimanis Peter	44.11	0:46:23	59 M	1ale	32.30	70%	+70% - Competitive at Regional (State) Level	31
4/06/2016	Ross River Dam 10km Time Trial (PC)	10	39 Mugambi Sheba	47.22	0:47:22	47 Fe	emale	33.06	70%	+70% - Competitive at Regional (State) Level	32
21/05/2016	Townsville Ten Miler (PC)	16.09	28 Nicholson Trevor	1.19.48	0:47:50	62 M	1ale	33.25	70%	+70% - Competitive at Regional (State) Level	33
14/05/2016	Pallarenda 10km Time Trial	9.9	19 Brunker Julie	43.39	0:44:07	37 Fe	emale	30.46	70%	+70% - Competitive at Regional (State) Level	34
4/06/2016	Ross River Dam 10km Time Trial (PC)	10	48 Donoghue Michael	50.58	0:50:58	68 M	1ale	35.24	69%	+60% - Competitive at Local Level	35
	Ross River Dam 10km Time Trial (PC)	10		39.47	0:39:47	39 M	1ale	27.31		+60% - Competitive at Local Level	36
8/07/2016	3 Day Race-Day 1	9.55		41.49	0:43:54	51 M	1ale	30.18		+60% - Competitive at Local Level	37
	Motorway Loop	6		26.31	0:45:28	55 M		31.22		+60% - Competitive at Local Level	38
16/04/2016	River Lower Loop	6.9	15 Werbeloff Gavin	28.45	0:42:32	47 M	1ale	29.18	69%	+60% - Competitive at Local Level	39
8/07/2016	3 Day Race-Day 1	9.55	36 Ellershaw Robert	45.49	0:48:06	61 M	1ale	33.06		+60% - Competitive at Local Level	40
	Fairfield Waters Run	8.2		41.56	0:51:42	53 Fe	emale	35.32		+60% - Competitive at Local Level	41
12/03/2016		7.4		42.57	0:59:00	63 Fe	emale	40.32		+60% - Competitive at Local Level	42
14/05/2016	Pallarenda 10km Time Trial	9.9	3 Hyde Jevyn	38.34	0:38:59	32 M	1ale	26.46	69%	+60% - Competitive at Local Level	43

Date of Your Best R	un Your	Overall	Surname / First	Your Best	Your	Age	Gender	WMA Age /	Ratio	Ratio Guide for a race for your age and	Club
Your Best Run	Best Run	Place for	Name	Run Time	Projected 10km Time			Gender 10k Record	WMA Time /	gender	Rank
Kuli		your best run			TOKIII TIIIIE			MM:SS	Your Best		
	e	Destruit						141141.55	Proj. 10km		
14/05/2016 Pallarenda 10km Time Tria		80	Keir Therese	1.01.23	1:01:39	66	Female	42.18	-	+60% - Competitive at Local Level	44
8/07/2016 3 Day Race-Day 1	9.5	5 22	Flynn-Pittar Isis	42.14	0:44:20	23	Female	30.20	68%	+60% - Competitive at Local Level	45
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 10	22	Evans Derrick	43.23	0:43:23	48	Male	29.33	68%	+60% - Competitive at Local Level	46
30/07/2016 Running Works Cross Cou	ntry Series Race 3 6.5	18	Doherty Bill	28.46	0:45:19	53	Male	30.49	68%	+60% - Competitive at Local Level	47
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	51	Eriksen Dale	51.40	0:51:40	52	Female	35.06	68%	+60% - Competitive at Local Level	48
20/08/2016 Two Tunnels	10.	1 63	Brown Jenny	1.05.39	1:02:22	66	Female	42.18	68%	+60% - Competitive at Local Level	49
23/07/2016 Riverside Figure 8	1	33	Desailly Nicole	1.24.38	0:51:10	51	Female	34.41	68%	+60% - Competitive at Local Level	50
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	9	Di Giacomo Simon	39.35	0:39:35	29	Male	26.43	67%	+60% - Competitive at Local Level	51
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	10	Stripp Deon	39.46	0:39:46	31	Male	26.44	67%	+60% - Competitive at Local Level	52
12/03/2016 Strand Run	7.4	1 62	Stanley Owen	40.56	0:56:14	74	Male	38.08	68%	+60% - Competitive at Local Level	53
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	63	Labuschagne Rosema	57.14	0:57:14	58	Female		66%	+60% - Competitive at Local Level	54
14/05/2016 Pallarenda 10km Time Tria	al 9.5	77	Hearn Jennifer	1.00.12	1:00:38	62	Female	39.58	66%	+60% - Competitive at Local Level	55
14/05/2016 Pallarenda 10km Time Tria	al 9.9	81	Hooper Jan	1.01.44	1:01:39	63	Female	40.32	66%	+60% - Competitive at Local Level	56
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	23	Schick Gerard	44.15	0:44:15	46	Male	29.04	66%	+60% - Competitive at Local Level	57
30/07/2016 Running Works Cross Cou			Kiernan Sophie	29.39	0:46:43	18	Female	30.40	66%	+60% - Competitive at Local Level	58
30/07/2016 Running Works Cross Cou	•		Cullen David	28.35	0:45:02	48	Male	29.33		+60% - Competitive at Local Level	59
14/05/2016 Pallarenda 10km Time Tria			Kennedy Gillian	49.56	0:50:28	47	Female	33.06		+60% - Competitive at Local Level	60
16/04/2016 River Lower Loop	6.9	_	O'Reilly Phil	34.11	0:50:34		Male	33.06	65%	+60% - Competitive at Local Level	61
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	75	Horscroft Susan	1.02.18	1:02:00	63	Female	40.32	65%	+60% - Competitive at Local Level	62
4/06/2016 Ross River Dam 10km Time	, ,	_	Donoghue Mary	1.02.54	1:02:01	63	Female	40.32		+60% - Competitive at Local Level	63
10/09/2016 Loam Island Loop	9.8		Sewell Lara	45.38	0:46:37	33	Female	30.25	65%	+60% - Competitive at Local Level	64
4/06/2016 Ross River Dam 10km Time	` '		Johnson Cat	58.11	0:58:11	58	Female	37.52		+60% - Competitive at Local Level	65
14/05/2016 Pallarenda 10km Time Tria	al 9.9	9 14	Mentor Andre	42.31	0:42:58	41	Male	27.56	65%	+60% - Competitive at Local Level	66
4/06/2016 Ross River Dam 10km Time	e Trial (PC) 1	_	Illman Stuart	41.55	0:41:55		Male	27.12	65%	+60% - Competitive at Local Level	67
14/05/2016 Pallarenda 10km Time Tria			Marrinan Michael	41.08	0:41:34		Male	26.58		+60% - Competitive at Local Level	68
14/05/2016 Pallarenda 10km Time Tria			Walsh John	51.02	0:51:35		Male	33.25		+60% - Competitive at Local Level	69
2/04/2016 Fairfield Waters Run	8.:		Hoggan John	40.20	0:49:43		Male	32.12		+60% - Competitive at Local Level	70
4/06/2016 Ross River Dam 10km Time	, ,	_	Newnham Colleen	51.48	0:51:48		Female			+60% - Competitive at Local Level	71
14/05/2016 Pallarenda 10km Time Tria			Nahrung David	44.51	0:45:20		Male	29.18		+60% - Competitive at Local Level	72
30/07/2016 Running Works Cross Cou	· · · · · · · · · · · · · · · · · · ·		Guy William	28.26	0:44:48		Male	28.50		+60% - Competitive at Local Level	73
6/08/2016 TRF 21.1k	21.		Cox Sherry	1.51.31	0:50:26		Female			+60% - Competitive at Local Level	74
16/04/2016 River Lower Loop	6.9		Mcnabb Jim	36.31	0:54:01		Male	34.43		+60% - Competitive at Local Level	75
20/08/2016 Two Tunnels	10.4		Muhlenberg Conny	1.04.47	1:01:25		Female			+60% - Competitive at Local Level	76
4/06/2016 Ross River Dam 10km Time	` '		Vollmerhause Scott	44.34	0:44:34		Male	28.36		+60% - Competitive at Local Level	77
16/04/2016 River Lower Loop	6.9		Garvie Diane	40.28	0:59:51		Female			+60% - Competitive at Local Level	78
16/04/2016 River Lower Loop	6.9		Wharton David	36.06	0:53:24		Male	34.03		+60% - Competitive at Local Level	79
14/05/2016 Pallarenda 10km Time Tria			Reynolds Dan	47.29	0:47:59		Male	30.33		+60% - Competitive at Local Level	80
16/04/2016 River Lower Loop	6.9		Hutcheson Steven	28.24	0:42:00		Male	26.43		+60% - Competitive at Local Level	81
14/05/2016 Pallarenda 10km Time Tria			Pretorius Christiaan	41.35	0:42:02		Male	26.43		+60% - Competitive at Local Level	82
23/07/2016 Riverside Figure 8	10		Beil Lyndie	1.51.10	1:07:36		Female			+60% - Competitive at Local Level	83
16/04/2016 River Lower Loop	6.9		Moseley Jordan	29.08	0:43:06		Male	27.16		+60% - Competitive at Local Level	84
9/04/2016 Railway Run	8.		Stanton Geoff	44.32	0:51:35		Male	32.30		+60% - Competitive at Local Level	85
6/08/2016 TRF 21.1k	21.	1 25	Rubenach Mike	2.08.27	0:58:10	/1	Male	36.34	63%	+60% - Competitive at Local Level	86

Date of Your Best Run	Your	Overall	Surname / First	Your Best	Your	Age	Gender	WMA Age /	Ratio	Ratio Guide for a race for your age and	Club
Your Best	Best	Place for	Name	Run Time	Projected			Gender 10k		gender	Rank
Run	Run	your best run			10km Time			Record MM:SS	Time / Your Best		
	e	Destruit						IVIIVI.33	Proj. 10km		
14/05/2016 Pallarenda 10km Time Trial	9.9	38	Mueller-Coons Mic	47.26	0:47:56	50	Male	30.03	_	+60% - Competitive at Local Level	87
16/04/2016 River Lower Loop	6.9		Hooper Garry	39.01	0:57:43		Male	36.09		+60% - Competitive at Local Level	88
20/08/2016 Two Tunnels	10.4		Johnson Lia	57.09	0:54:50	50	Female	34.16	62%	+60% - Competitive at Local Level	89
14/05/2016 Pallarenda 10km Time Trial	9.9	35	Hunter Michael	46.39	0:47:09	47	Male	29.18		+60% - Competitive at Local Level	90
14/05/2016 Pallarenda 10km Time Trial	9.9	53	Gifford Kelly	51.27	0:52:00	44	Female	32.09	62%	+60% - Competitive at Local Level	91
19/03/2016 University 8K and 4K Time Trial	8	34	Schmitt Riana	38.51	0:49:09	31	Female	30.20	62%	+60% - Competitive at Local Level	92
20/08/2016 Two Tunnels	10.4	13	Gordon Tony	45.15	0:43:25	31	Male	26.44	62%	+60% - Competitive at Local Level	93
19/03/2016 University 8K and 4K Time Trial	8	29	Lew Brendan	38.14	0:48:23	49	Male	29.47	62%	+60% - Competitive at Local Level	94
4/06/2016 Ross River Dam 10km Time Trial (PC)	10	35	Machin Jamie	46.59	0:46:59	45	Male	28.50	61%	+60% - Competitive at Local Level	95
9/04/2016 Railway Run	8.7	9	Shields Jeremy	37.57	0:43:57	35	Male	26.58	61%	+60% - Competitive at Local Level	96
19/03/2016 University 8K and 4K Time Trial	8	47	Doyle Rachel	41.51	0:52:57	45	Female	32.27	61%	+60% - Competitive at Local Level	97
10/09/2016 Loam Island Loop	9.8	24	Pearson Krystal	48.32	0:49:35	29	Female	30.20	61%	+60% - Competitive at Local Level	98
3/09/2016 King Queen of hill	8.3	109	BECK BETTY	1.12.48	1:27:39	80	Female	53.24	61%	+60% - Competitive at Local Level	99
8/07/2016 3 Day Race-Day 1	9.55	30	O'Regan Paul	44.03	0:46:14	41	Male	27.56	60%	+60% - Competitive at Local Level	100
4/06/2016 Ross River Dam 10km Time Trial (PC)	10	62	Hampton Dave	56.40	0:56:40	64	Male	34.03	60%	+60% - Competitive at Local Level	101
21/05/2016 Townsville Ten Miler (PC)	16.09	43	Armit Brian	1.31.04	0:55:06	61	Male	33.06	60%	+60% - Competitive at Local Level	102
14/05/2016 Pallarenda 10km Time Trial	9.9	60	Dawson William	53.37	0:54:11	59	Male	32.30	60%	+60% - Competitive at Local Level	103
30/07/2016 Running Works Cross Country Series Race 3	6.5	21	Smales Clayton	29.34	0:46:35	41	Male	27.56	60%	+60% - Competitive at Local Level	104
14/05/2016 Pallarenda 10km Time Trial	9.9	85	De Jong Jaap	1.03.56	1:03:41	74	Male	38.08	60%	+60% - Competitive at Local Level	105
16/04/2016 River Lower Loop	6.9	93	Pain Tilley	41.09	1:00:52	55	Female	36.26	60%	+60% - Competitive at Local Level	106
16/04/2016 River Lower Loop	6.9	65	Rich Keith	36.47	0:54:25	59	Male	32.30	60%	+60% - Competitive at Local Level	107
16/04/2016 River Lower Loop	6.9	67	Jones Lisa	38.00	0:56:12	48	Female	33.29	60%	+60% - Competitive at Local Level	108
4/06/2016 Ross River Dam 10km Time Trial (PC)	10	54	Mcinnes Scott	53.07	0:53:07	56	Male	31.38	60%	+60% - Competitive at Local Level	109
6/08/2016 TRF 21.1k	21.1	17	Murakami Fiona	1.59.06	0:54:04	44	Female	32.09	59%		
5/08/2016 TRF 42.2k	42.2	15	Rutherford Trish	4.16.18	0:55:21	46	Female	32.46	59%		
6/08/2016 TRF 21.1k	21.1	15	Kirby Adrian	1.55.51	0:52:16	53	Male	30.49	59%		
30/07/2016 Running Works Cross Country Series Race	6.5	24	Bradley Fraser	29.53	0:47:05	40	Male	27.43	59%		
2/04/2016 Fairfield Waters Run	8.2	105	Kelso Sylvia	1.02.11	1:16:26	70	Female	44.56	59%		
23/07/2016 Riverside Figure 8	16		Davies Glen	1.24.29	0:51:10	50	Male	30.03	59%		
6/08/2016 TRF 21.1k	21.1	8	Schmitt Travis	1.41.04	0:45:54	32	Male	26.46	58%		
8/07/2016 3 Day Race-Day 1	9.55	53	Tirendi Francesco	53.08	0:55:47	59	Male	32.30	58%		
8/07/2016 3 Day Race-Day 1	9.55	56	Doherty Susan	58.12	1:01:06	53	Female	35.32	58%		
30/07/2016 Running Works Cross Country Series Race	6.5	39	Jowett Anna	33.30	0:52:47	35	Female	30.33	58%		
16/04/2016 River Lower Loop	6.9		Hobson Cheryl	50.15	1:14:20		Female		58%		
14/05/2016 Pallarenda 10km Time Trial	9.9	56	Nelson Jesslyn	52.02	0:52:35	32	Female	30.22	58%		
10/09/2016 Loam Island Loop	9.8	35	Tsang Deffy	53.18	0:54:27	41	Female	31.26	58%		
6/08/2016 TRF 21.1k	21.1		Hunter Matthew	1.47.11	0:48:37		Male	27.43	57%		
8/07/2016 3 Day Race-Day 1	9.55		Thompson Rachael	53.45	0:56:25		Female		57%		
2/04/2016 Fairfield Waters Run	8.2		Daamen Antony	44.53	0:55:20		Male	31.22	57%		
16/04/2016 River Lower Loop	6.9		Sibley Jack	47.12	1:09:49		Male	39.27	57%		
4/06/2016 Ross River Dam 10km Time Trial (PC)	10		Sue Yek William	59.59	0:59:59		Male	33.44	56%		
4/06/2016 Ross River Dam 10km Time Trial (PC)	10		Neimanis Kathleen	1.05.45	1:05:00		Female		56%		
2/04/2016 Fairfield Waters Run	8.2	31	Brooks Steve	39.21	0:48:31	35	Male	26.58	56%		

Date of	Your Best Run	Your	Overall	Surname / First	Your Best	Your	Age	Gender	WMA Age /	Ratio	Ratio Guide for a race for your age and	Club
Your Best		Best	Place for	Name	Run Time	Projected			Gender 10k		gender	Rank
Run		Run	your			10km Time			Record	Time /		
			best run						MM:SS	Your Best		
23/04/2016 Town	Common Loon	<b>e</b> 12.3	61	Young David	1.11.01	0:57:05	56	Male	31.38	<b>Proj. 10km</b> 55%		
23/07/2016 Rivers	·	16		Collins Sarah	1.30.51	0:54:49		Female		55%		
	ersity 8K and 4K Time Trial	8		Kirchner Jim	45.33	0:57:38		Male	31.38	55%		
20/08/2016 Two T		10.4		Leitch Cam	1.05.54	1:02:23		Male	34.03	55%		
	ersity 8K and 4K Time Trial	8		Barber Belinda	44.23	0:56:10		Female		55%		
	River Dam 10km Time Trial (PC)	10		Labuschagne Celeste		0:55:41		Female		54%		
2/04/2016 Fairfie		8.2		Groat Veronica	47.04	0:58:01		Female		54%		
	ersity 8K and 4K Time Trial	8		Prasser Mark	39.20	0:49:46		Male	26.46	54%		
3/09/2016 King (	,	8.3		dowling donna	50.12	1:01:06		Female		54%		
10/09/2016 Loam		9.8		Fanning Terence	53.30	0:54:39		Male	29.18	54%		
3/09/2016 King (	•	8.3		Maguire Matthew	41.59	0:51:06		Male	27.16	53%		
10/09/2016 Loam		9.8		Otto Annaliese	55.51	0:57:03	33	Female	30.25	53%		
23/07/2016 Rivers	·	16		Smith Justin	1.23.32	0:50:33		Male	26.43	53%		
2/04/2016 Fairfie	ield Waters Run	8.2	65	Daunt Belinda	47.04	0:58:01	36	Female	30.39	53%		
17/09/2016 Moto	orway Loop	6	61	Brooke-Taylor David	38.24	1:05:51	66	Male	34.43	53%		
14/05/2016 Pallar	renda 10km Time Trial	9.9	54	Isepy Chris	51.57	0:52:30	39	Male	27.31	52%		
6/08/2016 TRF 2	21.1k	21.1	28	Machin Pook	2.15.44	1:01:21	44	Female	32.09	52%		
14/05/2016 Pallar	renda 10km Time Trial	9.9	76	Catterall Ian R	59.59	1:00:37	56	Male	31.38	52%		
16/04/2016 River	Lower Loop	6.9	109	Dowel Lee	44.09	1:05:18	49	Female	33.52	52%		
20/08/2016 Two T	Tunnels	10.4	50	Doherty Margot	1.01.35	0:58:32	24	Female	30.20	52%		
17/09/2016 Moto	orway Loop	6	64	Ives Jim	39.21	1:07:28	65	Male	34.23	51%		
16/04/2016 River	Lower Loop	6.9	123	Gillham Claudia	57.02	1:24:22	67	Female	42.56	51%		
4/06/2016 Ross I	River Dam 10km Time Trial (PC)	10	71	Doherty Rosie	1.00.26	1:00:00	22	Female	30.20	51%		
4/06/2016 Ross I	River Dam 10km Time Trial (PC)	10	72	Neimanis Greta	1.00.31	1:00:00	26	Female	30.20	51%		
16/04/2016 River	·	6.9		Dowel Mark	40.15	0:59:32		Male	30.03	50%		
16/04/2016 River		6.9		Schadel Shona	41.08	1:00:51		Female		50%		
12/03/2016 Strand		7.4		Strid Angela	44.29	1:01:07		Female		50%		
14/05/2016 Pallar	renda 10km Time Trial	9.9		Camakaris Catrina	1.00.20	1:00:39	32	Female		50%		
2/04/2016 Fairfie		8.2		Freislich Natalie	49.22	1:00:52		Female		50%		
6/08/2016 TRF 2		21.1		Bosworth Clare	2.16.21	1:01:48		Female		49%		
17/09/2016 Moto		6		Olsen John	39.23	1:07:32		Male	33.06	49%		
	renda 10km Time Trial	9.9		Thompson Wally	1.04.00	1:04:41		Male	31.38	49%		
	River Dam 10km Time Trial (PC)	10		Smith Mathew	55.40	0:55:40		Male	27.12	49%		
10/09/2016 Loam	<u>'</u>	9.8		Hannay Andrew	54.12	0:55:22		Male	26.58	49%		
	renda 10km Time Trial	9.9		Marano John	1.09.00	1:09:44		Male	33.25	48%		
12/03/2016 Strand		7.4		Dicketts Kelly	47.22	1:05:04		Female		47%		_
16/04/2016 River		6.9		Palmer Luke	38.32	0:57:00		Male	26.43	47%		
16/04/2016 River		6.9		Letizia Brian	47.47	1:10:41		Male	33.06	47%		
17/09/2016 Moto	, ,	6		Mcdonald Warren	44.46	1:16:46		Male	35.24	46%		
	ning Works Cross Country Series Race 3			Norton Nancy	42.06	1:06:20		Female		46%		
2/04/2016 Fairfie		8.2		Roberts Karen	1.00.40	1:13:59		Female		43%		
17/09/2016 Moto		6 10		Daniel Peter	50.31	1:26:37		Male	37.03	43%		
4/UD/ZUID KOSS I	River Dam 10km Time Trial (PC)	10	87	Turner Katie	1.19.13	1:19:00	36	Female	30.39	39%		